



July 2019 E-News

Welcome to the latest edition of your Essex Care Association newsletter.

We hope that you enjoyed our recent Breakfast Conference where we discussed the recent CQC report on Oral Health in Care Homes; How to get feedback from your customers; Coping with Death and Bereavement; and heard an update from ECC which included plans for a new Supported Living Framework. We are now making arrangement for the next conference which will be at a different venue!

ESSEX CARE SECTOR AWARDS

Nominations for this year's Essex Care Sector Awards are now open! There are 16 awards up for grabs and they are open to all sectors of care including Domiciliary Care, Day Care, Residential Care Homes, Nursing homes and Learning Disability services. Click the link for details:

<https://www.livingwellessex.org/quality/quality-innovation/essex-care-sector-awards/>

If you have any suggestions for articles for future editions of this newsletter please get in touch: simon.harniess@essexcare.org.uk

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Hot Topics

Medicines in health and adult social care: Learning from risks and sharing good practice for better outcomes

When medicines are managed and used effectively, providers can not only improve outcomes for people, but also drive improvements in overall care, reduce wastage and involve people in their own treatment. This is the goal of medicines optimisation.

However, [a recent study estimated](#) that 237 million medication errors occur in England each year and there is work to be done to make sure that everyone has access to the high-quality, safe care that they deserve.

[Access the report](#)

BBC's Panorama programmes expose appalling abuse and highlight the "Crisis in Care"



[All three programmes can be accessed here](#)

CQC News



CQC launches new Equality Objectives for 2019-21

[Five equality objectives](#) for 2019 to 2021 are:

- Confident with a difference: person-centered care and equality
- Accessible Information and communication
- Equality and the well-led provider
- Equal access to care and equity in outcomes in local areas
- Continue to improve equality of opportunity for our staff and those seeking to join CQC

Statement on Panorama: "Sickening abuse of vulnerable people"

[Dr. Paul Lelliott](#), Deputy Chief Inspector of Hospitals (lead for mental health), at the Care Quality Commission, said:

"The footage captured by Panorama shows sickening abuse of vulnerable people. As soon as the BBC told us that they had evidence of abuse we alerted the police and they are now investigating."

Independent review announced into regulation of Whorlton Hall

CQC has commissioned [David Noble QSO](#) to undertake an independent review into how it dealt with concerns raised by Barry Stanley-Wilkinson in relation to the regulation of Whorlton Hall.

Business Updates

Briefing note from the Institute for Fiscal Studies

The note, '[English council funding: what's happened and what's next?](#)' brings together some of the key findings of our research on this topic, updating them where possible, and highlights where to find further information.

Following the decision in the Court of Appeal last summer, the Supreme Court has announced, that Mencap's leave to appeal this has been granted. Their Lordships will now deliberate on whether all time spent during sleep-ins count towards working time for the purposes of National Minimum Wage or, as the Court of Appeal decided, just time spent awake and working. The Supreme Court has said that the hearing has been scheduled for 12 and 13 February 2020.

General Updates

Guide to Improvement - How to improve your service to meet, maintain and exceed CQC standards



This Skills for Care guide explains how to identify, plan and implement improvements across your service to ensure that it delivers high-quality care and support and meets the CQC's fundamental standards.

[Access the guidance](#)

Care Home fined £270,000 after resident died from complications after eating chlorine tablets

A care home operator has been fined £270,000, after a resident of Lomond Court Care Home, Glenrothes, Fife (who suffered symptoms of Alzheimer's Disease) put chlorine tablets in his mouth and chewed them, leading to his death.

[Read the article](#)

Service Sector Updates



Older People

Older People: Abuse

In a written statement in response to a question from Madeline Moon in the House of Commons Caroline Dinenage states there are no plans for further legislation to protect older people from abuse.

Activities

New self-assessment tool from [Skills for Care](#).

The simple, easy-to-use tool will help you create an action plan for your organisation. You'll be able to use the tool to:

- identify and define actions that need to be taken
 - identify who is responsible for each action
 - add timescales for all required actions
 - include details of completed actions (i.e. the date of completion and evidence of the action taken).
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Learning Disabilities

Certification of training in restrictive practices Statement: 20 May 2019

NHS England is co-ordinating a significant national improvement programme to reduce restrictive practices. As part of this work, the NHS has commissioned the Restraint Reduction Network (RRN) to develop standards for training for the prevention and use of restrictive interventions.

[Read more here](#)

CQC inspection frameworks will require UKAS accredited certification of training services from April 2020.

ADASS RESPONDS TO CQC INTERIM REPORT ON SEGREGATION FOR PEOPLE WITH LEARNING DISABILITIES AND AUTISM

In response to a CQC interim report into segregation for people with learning disabilities and autism, Julie Ogle, President of the Association of Directors of Adult Social Services, said: “ADASS welcomes the interim report of the Care Quality Commission and completely supports its recommendations.

[Read more here](#)

Findings published in the Learning Disabilities Mortality Review (LeDeR) Programme's 2018 annual report

The findings indicate ongoing concerns about the premature deaths of people with learning disabilities. This is the third annual report of the LeDeR programme, which is the first national programme of its kind in the world. Between 1 July 2016 and 31 December 2018, 4,302 deaths were notified to the programme.

[Read the report here](#)



Domiciliary Care

Working effectively with people living with dementia and their families

[An open blog from Research in Practice.](#)



Mental Health

New data published this week revealed that one in five women aged 16 to 24 have self-harmed. Is social media a convenient explanation from others, or can it play a role? Abi Crossland-Otter, a trainee counsellor and member of this age group, who have lived experience of anxiety, [makes her case](#).

ECA PARTNER UPDATES

Powerdirect Compliance Manager, Gill, celebrates her ten-year work anniversary and talks about her role



Celebrating ten years of service for our first and longest-serving employee! We recently got together to for a party to celebrate [Gill's ten-year work anniversary](#)

Gill is our Compliance Manager and she told us a bit about [what her role involves](#).

It also gave us an opportunity to reflect on the [history of Power Direct Limited](#)

Attwells sponsor Colour5K Run to raise funds for Headway Essex



It was another sweltering day for the seventh annual Colour5K, which took place recently at Boot Group's Ardleigh Showground. The event raised over £8,000 for local brain injury charity Headway Essex.

Around 400 participants, including a team of employees from the main event sponsor, Attwell Solicitors. Nick Attwell, founder said: "Attwells Solicitors, a new local Essex Firm, are so proud to have sponsored this event. Headway are a charity that provides all-

encompassing support for those with brain injuries and at Attwells we are pleased to be able to help raise awareness of their great work.”

Tracy Wellsted, Fundraising Manager, said of the event:

"A good time was had by all and it was inspiring to see so many families, friends and co-workers having such an amazing time together, we cannot thank everyone enough for their support.

“Headway Essex would like to thank Boot Group for once again donating Ardleigh Showground for the event as well as Attwell Solicitors and all of the volunteers who helped on the day and everyone who took part in the event.”

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